

Sustaining the Journey presents...



*As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week,
Bob Soeder and Mary Hrich offer this weekly dose of inspiration:*

"When we don't forgive, we're not hurting the other person. We're not hurting the company that did us wrong. We're not hurting God. We're only hurting ourselves."
– Joel Osteen

"God's mercy and grace gives me hope – for myself, and for our world."
– Billy Graham